

All living things from the most basic of single – celled plants to the most significant of organisms, like human beings, emit a constant tiny current of photons, or particles of light. The primary communication channel of all living organisms.

Fritz-Albert Popp

The Intention Experiment by Lynne McTaggart (p.27)

When we send intention in a manner of
speaking we have

BECOME – The other

Lynne McTaggart – The Intention Experiment (p.61)

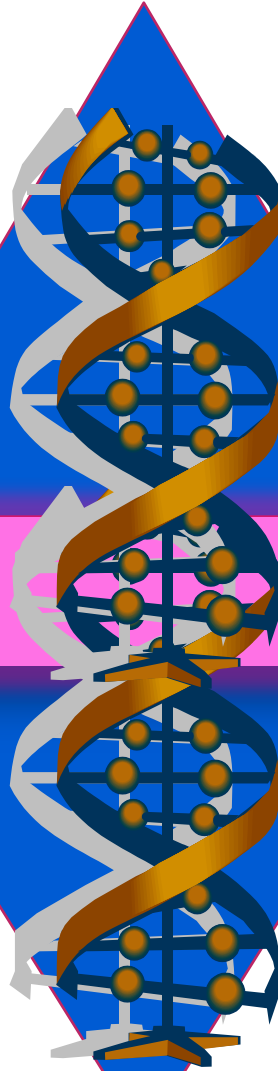
*An individual understands action outside
of himself by creating it within so that
the individual undergoes the experience
of the other.*

Connection

Time

Space

Thought

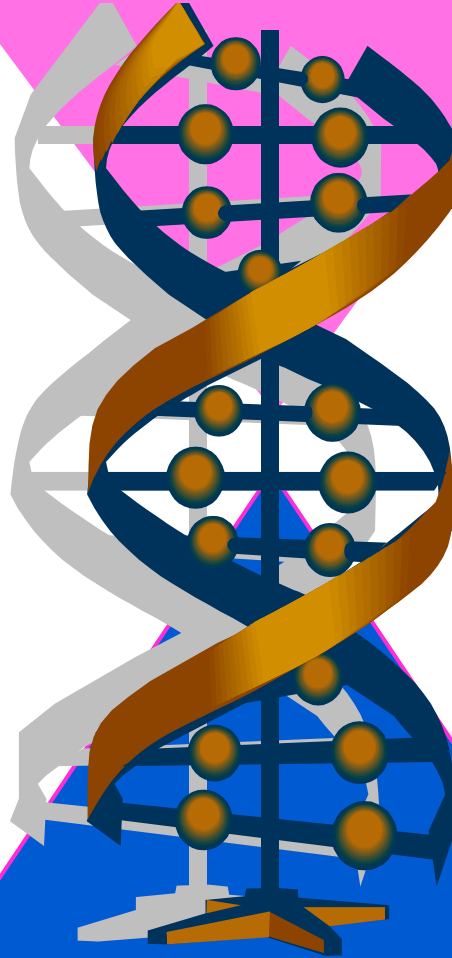


What goals do we seek?

The mind takes the shape of
whatever it rests upon

The brain takes the shape of what
the mind thinks.

Trust



Fear

Trust



Fear

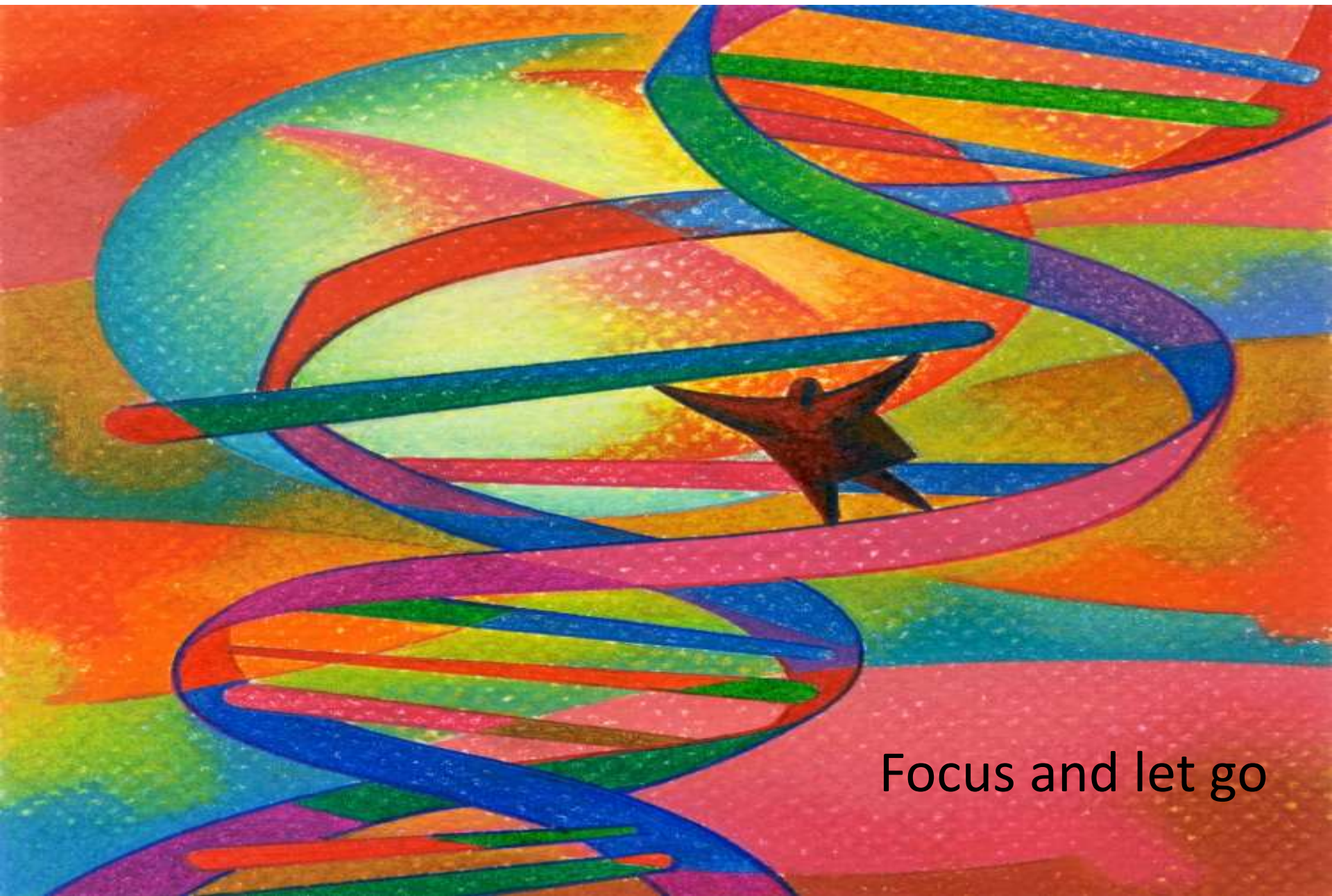


***Where does the world end
and “I” begin.***

Space



Time



Focus and let go

“Do be do be do”

The Quantum Activist by *Amit Gaswami*

Intention is like playing the piano

You need to learn how to do it

Some people are better at doing it
than others.

Gary Schwartz and Melinda Connor
The Bond, by Lynne McTaggart (p.26)

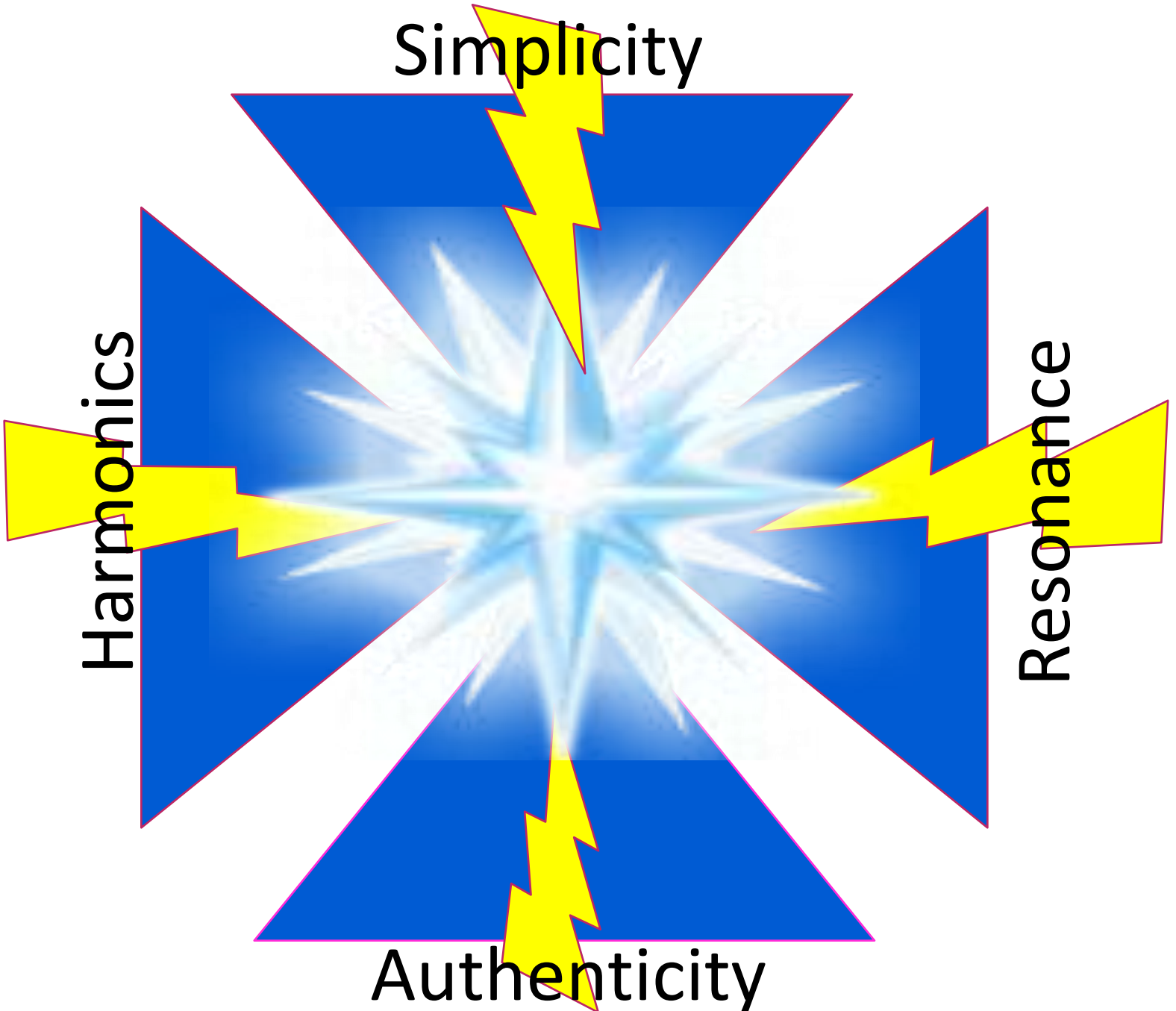
- Take a moment to reflect on your intention.
- Think of a positive experience that holds relevance to your intention.
- Savour that positive experience
 - ✓ Sustain it for 10-20-30 seconds
 - ✓ Feel it in your body and emotions
 - ✓ Intensify it
- Sense and intend that the positive experience is soaking into your brain and body registering deeply in emotional memory
- When you are having a positive experience:
 - ✓ Sense the current positiveness smiling down into old pain and soothing and replacing it
 - ✓ When you are having a negative experience bring to mind a positive experience that is its antidote
 - ✓ In both cases have the positive experience be big and strong in the forefront of your awareness while the negative experience is small and in the background
 - ✓ You are not resisting negative experiences or getting attached to positive ones

Simplicity

Harmonics

Resonance

Authenticity



- What happens between thought or intention and the outcome?
- How do we quantify the space between the intention, the thought and reality?
- Where does that space related to the intention begin and where does it end?

- Does the hypnotic state allow us to view that space between thought, intention and the outcome?
- Is hypnosis what we identify as the space between?
- Does the hypnotic space exist in reality?
- How do we quantify that space called hypnosis?
- Is it the mirror or the reflection

- What happens in the space between the therapist and the client?